



Are you grieving the death of a loved one? Let us walk the journey of grief with you in a Christ centered environment. Meet others with similar experiences. Ask Questions about specific problems and coping strategies, help others or just come and listen. This time will be an opportunity for you to share your experience of loss with others who care.

**Mary, Help of Christians  
Grief Support Group  
10:00AM–Noon  
3rd Tuesday of each month  
St. Francis Hall**

Take a step toward the healing process and gain confidence to work through everyday challenges.

For more information Call Molly @ 878-7325